

Join us in supporting the New Hampshire Food Bank and helping families fill their tables this holiday season! The following items are most needed at this time:

- Canned fruits & vegetables
- · Dried or canned beans & lentils
- · Canned fish or chicken
- · Peanut and other nut butters
- Mixed nuts
- · Brown or wild rice
- · Quinoa, barley, or farro

- · Rolled oats & oatmeal
- Whole wheat pasta & crackers
- · Soups or broths
- Herbs & spices
- Sparkling water or seltzer
- · Shelf-stable milk
- 100% fruit juice

*All donations should be non-perishable and non-glass

Drop-off Location: All S&G NH Offices

(Concord, Dover, Manchester, Nashua, Peterborough)

Donations Accepted Through: 11/22/24



